

Senior Matthew Protsko is learning valuable lessons through being incredibly involved at Delaware Valley High School. Protsko is a member of National Honor Society, Future Business Leaders of America (FBLA), Political Awareness Club, Model United Nations, Junior Historians and Geo-cashing. "Being involved in the school with more than just the academic school day has taught me a lot about time management and

responsibility," he said. Protsko does volunteer work through the Boy Scouts and United Way's Day of Caring. Through his church, he has also repaired paths in the woods at PEEC. He also supports the Pike County Humane Society through the donation of time, money, and resources. "Volunteer work has affected me by teaching me responsibility through hard work," Protsko said. "It has also taught me teamwork and leadership skills." Protsko will be attending Lock Haven University in the fall.



Senior lacrosse player Liz Caldwell serves as a leader on and off the field at Delaware Valley High School. So far, Caldwell has 24 goals and four assists on the season. "Liz is a true student of the game, constantly watching film and asking questions. She is a leader on and off the field for her teammates and as a midfielder she has been tremendous in helping to anchor our offense while playing a key role in our new defensive

sets," head coach Bernadine Salak said. "Her game presence and understanding are like having a coach on the field at all times." She is the captain of both the lacrosse and tennis teams. Caldwell is also a member of National Honor Society, Junior Historians, band, and chorus. "Being involved has given me another way to be connected and involved with the school other than academics," she said. She also volunteers at the United Way Day of Caring. "Volunteer work has taught me that a little bit of donated time can go a long way," he said. Caldwell wants to be remembered for being a well-rounded student who performed in the classroom, on the court/field, and on the stage. She will be attending Edinboro University in the fall.